

Governor's Monthly Letter

Issue 06

December 2024



'Samarpanam' TRF Seminar Rotary District 3211 Inauguration by Chief Guest, Smt Anu Kumari IAS, District Collector, Trivandrum at Al Saj Arena Convention Centre, Kulathur, Trivandrum

MESSAGE FROM ROTARY INTERNATIONAL PRESIDENT



To adapt, as laid out in Rotary's Action Plan, we must occasionally step out of our comfort zone and try something new. Here are two examples of clubs that adapted — one with heart and one through critical thinking and strategy.

The Rotary Club of Chandigarh Mid Town, India, led with heart earlier this year. To engage members and grow membership, Club President Nitin Kapur personally called every former member of the club and invited them to a gathering billed as an alumni meet up.

Eight former members attended, and the results were stupendous. The visitors had a chance to connect once more not only with current members but with the sense of camaraderie and belonging that membership gave them. By the end of the evening, the club welcomed six of the former members back into the Rotary family.

Club President Kapur showed courage when he reached out to the alumni. Not only did he adapt and try something new but he had the strength of character to show the club's alumni how much they still meant to the family of Rotary. That bravery paid off.

People want to feel needed and appreciated. People want to feel that they belong. And they might never feel that way if we don't have the courage to tell them.

Meanwhile, the Rotary Club of Seoul-Hansoo, Korea, has been experimenting with different club models to great effect. Over the past four years, Seoul-Hansoo has created and maintained four satellite clubs — a service club, an interest-based club for musicians, a cause-based club that mentors professionals, and a club for college students.

These satellite clubs are part of a five-year plan the Seoul-Hansoo club implemented to increase membership through innovation.

What's the secret to founding and maintaining so many satellite clubs? Membership between Seoul-Hansoo and its satellite clubs is fluid and synergistic. Many members of the satellite clubs attend the sponsor club's meetings. And many of the sponsor club's members participate in the satellite clubs.

Additionally, the focus of each satellite club is no accident. Each one appeals to different interests of people in the sponsor club and in the community, attracting existing and potential members. This is an excellent strategy to both retain and attract members because it offers flexibility. If someone is interested in joining but they can't make it to the sponsor club's meetings, they have plenty of options to choose from.

These are just two examples of how we can adapt with our hearts and minds. Every club is different, so I encourage you to reach out to members of your club and of the community around you. Ask them about the club experience and what you can do to improve.

Talk to enough people and you might find ways that you can adapt and spark The Magic of Rotary in your club.

Stephanie a. Unchich

Stephanie A. Urchick Rotary International President, 2024-2025

DISTRICT GOVERNOR'S VOICE



Dear Rotary Leaders,

Warm Rotary Greetings!

December is disease prevention and treatment month. Rotary is dedicated to fighting and preventing disease. It is one of seven areas of focus. Rotary's top priority is the eradication of polio. But our members take on far greater responsibilities to fight disease. They set up health camps and awareness camps in the communities and also design and build the infrastructure for doctors, nurses, governments and partners to reach the one in six people in the world who can't afford to pay for healthcare.

This is one of the foundation areas of focus and one in which many of us would be aware of

numerous projects around the world supported by clubs and the foundation. Look at your role in promoting improved health at home and supporting these vital programs that contribute not only to healthy communities but peaceful communities.

Disease prevention and treatment takes on many forms from supporting studies to helping immunize people to improving drinking water and the sanitation infrastructure. The world relies on Rotary to tackle these global challenges, and to set an example for others to follow. Rotary members have hundreds of health projects underway around the world,

Vaccines

Alzheimer's

Dengue Fever

OUR IMPACT ON DISEASE

The Rotary Foundation is changing the world by providing grants for projects and activities around the globe and in our communities.

Rotary makes amazing things happen:

• Providing Clean Water: Rotary has worked with partners to provide more than 80% of clean water round the globe.

• Ending Polio: Rotary members have played a key role in bringing the world to the brink of eradicating polio. It is just Close to End.

We Rotarians are People of Action, let's consult on club and district - led humanitarian efforts, specialize in a concentration within disease prevention and treatment. There are RAGs (Rotary Action Groups) we can contact for help starting or expanding a project in your community. For example:

• Alzheimer's/Dementia RAG: They provide information and support to Rotarians on dementia and Alzheimer's disease.

 RAG for Blindness Prevention: This RAGS helps prevent blindness and promote eye health and vision.

RAG of Dental

- RAG of Diabetes
 RAG on mental Health Initiatives
- RAG for Hearing Aid
- RAG of Polio survivors and Associates.

Dear Rotarians do you have the passion in one of these areas, Can you contribute your knowledge, skills and expertise to one of these RAGs. This is another way in which we can serve as Rotarians in the focused area. Let's do good to the world. Let's be simple and humble and be irresistible Rotarians. Thank you.

Rtn AKSM Sudhi Jabbar District Governor

District Governor



Dear Rtn. Sheela Devi,

I was thrilled to go through your fabulous G.M.L. You have covered every aspect of Rotary in the newsletter of the District. I am pleased to note that the District is giving importance to Rotary knowledge through CROP, Continuous Rotary Orientation Programme. It will surely help the District and the clubs to scale greater heights in ALL THE SPHERES of Rotary which has become a rare phenomenon in many places. Please continue to do good in the world.

l wish you all the very best. **PDG Dr George Sundararaj, World Vice-chair, RLI**

Thank you, Sheela. I appreciate the tremendous effort you're putting into bringing out this magazine. Great work - congratulations! **PDG R Reghunath**

Thanks for the GML. I do appreciate your commitment to the responsibility, you have opted to shoulder. **PDG George Mathew**

Hearty congratulations to GML Editor Rtn. Sheela Devi for creating an exceptional reflection of Rotary Year 2024-25 under District Governor Sudhi Jabbar's leadership! The captivating layout, informative content, and meticulous compilation of "Darpanam" (meaning "Mirror") truly embody the spirit of our Rotary district.

Your tireless efforts have resulted in a remarkable publication that showcases the achievements and milestones of our Rotary family during this month. The name "Darpanam" itself reflects the essence of this publication, serving as a testament to the progress made under Governor Jabbar's guidance.

Once again, well done, GML Editor and congratulations to District Governor Sudhi Jabbar for this outstanding achievement!

Regards PDG John Daniel & Meera John

DARPANAM, November issue stands testimony to the unparallel passion and enthusiasm of a dedicated Rotarian to execute the assigned duty to the utmost satisfaction of the entire readers in general and the district authority in particular. Salute you, dear editor, Rtn.Sheela Devi and your team for your efforts to entertain all of us consistently by providing a GML with cult status of this kind. Wish you, Sheela, all the very best in all your future endeavours **Rtn Prof. Gopinathan Nair**

GML was exceptionally well-crafted, presenting the activities of all clubs in an engaging and captivating manner. Thank you.

Rtn Col. Vijayakumar, RC Alleppey Greater

Yet another wonderful edition covering the District events inter spread with informative articles. An ideal tool for the rotarians of Dist 3211 to scale the activities of own club in the district. Wishing the very best

Rtn Captain Kartha, President, Trivandrum Central

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Please send activity reports, project details, suggestions and other articles, along with good quality photographs, by e-mail to rid3211gml202425@gmail.com

EDITOR'S THOUGHTS



Medical Science says that as we grow old, the brain shrinks resulting in the reduction of the ability to remember and learn new things. This is in addition to the physical disabilities and change in appearance. But, this theory does not seem to be true, in the case of active Rotarians. As we go around, we can see many Rotarians in their seventies and eighties, more active and agile than their younger counterparts, quite conversant with the latest gadgets and technologies.

Being active in Rotary is the best way to stay vibrant, engaged, and purposeful, regardless of age. Rotarians stay young at heart and are active physically, mentally and socially by attending meetings, involving in projects and networking with like-minded individuals from diverse backgrounds. Engaging in purposeful activities can have a profound impact on life, leading to increased

longevity, improved mental health and better cognitive function.

Staying young is not just about physical appearance or chronological age; it's about attitude, energy, and purpose. Rotary offers a platform to stay engaged, motivated, and fulfilled. By embracing a life of purpose and service, we can stay relevant by making meaningful contributions to society, inspire others and leave a lasting impact on our communities and the world.

We, Rotarians, can show the world that age is just a number and that we can be vibrant and engaged at any stage of life. We can lead a life of purpose, following the Four Way Test of Rotary.

Rtn Sheela Devi B

CHIEF EDITOR, GML



'AVANTI' PRESENTED IN EGYPT MEET

Dr Avinash Haridas, Director and Head of Neurosurgery Department at KVM Super Specialty Hospital, Cherthala, has presented 'Avanti' neuroendoscopic technique to safely evacuate complex subdural hemorrhages on the surface of the brain at the Assiut Neurosurgery Conference in Egypt.

The conference has been arranged in collaboration with the Egyptian Neurosurgery Society. Dr. Avinash was the only neurosurgeon to represent India

at the conference.

The 'Avanti' technique allows very complex intracranial subdural haematomas to not only be safely evacuated but also achieve a cure with a single operation by reducing the chances of recurrences. This innovative technique for removing hemorrhage in brain was indigenously developed by Dr Avinash about 10 years ago.

This innovative technique is expected to have a worldwide impact in reducing the morbidity and mortality of patients suffering from complex intracranial subdural hemorrhages and positively transform millions of lives around the globe.

Dr Avinash has also spearheaded the installation of Kerala's first Neurosurgeon led STROKE UNIT in KVM Hospital.

Incidentally, KVM Super Specialty Hospital, Cherthala is the place where Rotary Club of Sherthallai has installed Dialysis Units. The project is running flawlessly since installation.

ROTARY: A MICROCOSM OF THE COMMUNITY



Rtn. Sheela, our dedicated GML editor, has an admirable persistence when it comes to ensuring I submit my monthly column. While I initially felt I had nothing worthwhile to contribute this time, her encouragement led me to reflect on a vital subject: the public image of Rotary and its connection to the communities we serve.

At its heart, Rotary is an organization of human beings—individuals who are part of the fabric of their communities. Like any group, we bring with us our strengths, imperfections, and the values we uphold as members of society. This truth reminds us that the public image of Rotary is, in essence, a mirror reflecting the values and character of the communities we belong to.

Rotary has long been synonymous with service, ethics, and truth. Yet, as Rotarians, we are not infallible. Our clubs are not isolated utopias but rather microcosms of the broader society. The values, beliefs, and behaviors prevalent in a community inevitably find their way into its

Rotary club. When these are positive, Rotary thrives as a beacon of hope and service. But when they are compromised, it is not just the club that falters—the public's perception of the entire Rotary movement can suffer.

Take, for instance, the portrayal of Rotary in popular culture. In the 2002 movie Catch Me If You Can, the opening scene depicts a Rotary meeting where Frank Abagnale Sr. (Christopher Walken) is inducted as a Rotarian. This moment highlights the esteem in which Rotary is held—a symbol of trust, leadership, and community service. However, as the story unfolds, his son, Frank Abagnale Jr. (Leonardo DiCaprio), becomes a master con artist. While the father's Rotary connection is not central to the plot, the association leaves a subtle impression: even in trusted circles, human flaws exist.

Similarly, in a short story by Jeffrey Archer which I read long back, a man joins Rotary not to serve his community but to use the organization's credibility for personal gain. By leveraging the Rotary name, he earns the trust of others, only to exploit it and disappear. These fictional narratives underscore a reality we must confront: Rotary's image is shaped not by its ideals alone but by the actions of its members.

Even real-life accounts reflect this duality. At the International Assembly 2017, a story was shared about a murder suspect who, while pleading his innocence on a television show, held up a Rotary-branded cap and declared, "I am a Rotarian, and we Rotarians don't lie." Though his statement invoked Rotary's ethical standards, he was later found guilty of the crime, leaving a stain on the organization's reputation.

What these stories teach us is not just the importance of individual accountability but also the collective responsibility of Rotary clubs to embody the values they stand for. A Rotary club is often the community's lens through which the global Rotary movement is perceived. If a club is seen as a force for good—upholding service, integrity, and fellowship—then Rotary's image shines brightly. However, when a club reflects less admirable traits, it risks tarnishing that image.

This leads us to an important realization: Rotary does not exist in isolation. Its clubs are deeply rooted in their communities, and their character is shaped by the people and values within those communities. If a community upholds high standards of ethics, service, and truth, its Rotary club will naturally reflect those ideals. Conversely, if a community struggles with integrity or cohesion, these challenges may also manifest within its Rotary club.

As Rotarians, we must recognize this connection and embrace our dual role as both ambassadors of Rotary and representatives of our communities. Our actions within the club and in our daily lives contribute to how Rotary is perceived.

Moreover, this interplay between Rotary and the community is a two-way street. While Rotary reflects the values of its members, it also has the power to elevate those values.

None of us are perfect, and we all have our flaws, but by joining Rotary, let us commit to becoming better, ethical, and responsible individuals who uphold integrity.

Through service projects, leadership development, and ethical advocacy, Rotary can inspire positive change within a community, creating a virtuous cycle where both the club and the society it serves grow stronger together.

In the end, the public image of Rotary is not just about what the organization represents on paper—it's about who we are as individuals and how we contribute to the collective good. We are human, and we bring our humanity into Rotary. By striving to live up to Rotary's ideals, we not only strengthen the organization but also uplift the communities we call home.

Let us remember that Rotary is more than an emblem or a slogan; it is a living reflection of the people who make it what it is. Together, as Rotarians and as community members, we hold the power to ensure that reflection is one of integrity, service, and hope.

PDG Suresh Mathew

District Learning Facilitator

ENHANCING OUR PUBLIC IMAGE

Rotary's public image is what people outside of Rotary think of when they hear our name. But name recognition is just the start. Our public image is shaped by the actions of our members, the activities we engage in, the impact we have, and more.

A strong public image promotes trust and encourages people to engage with us. We can help build our public image by sharing stories that show us as people of action and inspire others to get involved.

Promoting Rotary to the general public can be as simple as wearing your Rotary pin or as elaborate as organizing an integrated marketing campaign. By increasing the public's understanding of Rotary, we're strengthening our ability to make an impact in communities around the world.

Clubs can benefit in many ways from a stronger public image of Rotary. Raising awareness and understanding of Rotary helps attract prospective members, instills a sense of pride among members, encourages community members to donate their time and money, and helps your club stand out from other volunteer opportunities.

As a Rotary or Rotaract member, you're an ambassador for our brand. You're also in the best position to describe how club projects and activities benefit your community. Opportunities to promote public image include:

▶ Websites: Your club website may be the first place that potential members, participants, and donors encounter your club and Rotary. Update your website frequently with images, club activities, and volunteer opportunities that provide ways for community members to engage with you.

Social media: Social media is an easy way to connect with large audiences within and beyond your Rotary network. Share news about club projects and invite followers to learn more by linking to your club website.

Events: Programs, events, and service projects help promote your club and inspire others to get involved. Plan events that appeal to your community, address local needs, and encourage the public to participate.

Speaking engagements: Use opportunities in your community to speak about your club and what Rotary does. Make sure to use Rotary-branded PowerPoint templates and high-quality photos or videos.

Courtesy : https://my.rotary.org







GENERATIVE AI MEETS PRACTICAL APPLICATIONS



The field of Artificial Intelligence (AI) continues to move at lightning speed, with every month bringing groundbreaking innovations and surprising applications. Over the past four months, we've explored ChatGPT, AI-driven tools for creating 3D worlds and videos, and the rise of agentic systems that take initiative. For this December issue, let's shift our focus to how Generative AI is evolving into practical tools that solve real-world problems across industries.

Generative AI's Real-World Evolution

Generative AI is no longer just a buzzword or a tool for creating art, videos, and text. It's now making significant strides in industries like healthcare, education, manufacturing, and beyond. Organizations are integrating these models to streamline operations, enhance productivity, and tackle previously insurmountable challenges. But how exactly is this happening?

1. In Education: Redefining Learning

Educators and institutions are leveraging AI to create interactive learning tools. AI is seen as a pivotal force that is propelling education into a new era, with its ability to enhance teaching methods, streamline administrative tasks, and foster more engaging and effective learning environments. For instance, these are some of the benefits of integrating Generative AI in to Education:

- Personalized Learning Experiences
 - Adaptive Learning Technologies
 - Al-driven Personalized Feedback and Tutoring
 - Integration of ChatGPT for Personalized Learning
- Automated Administrative Tasks
 - AI-Powered Chatbots for Student Support
 - Automated Grading Systems
- Enhanced Data Analysis And Decision-making
 - Predictive analytics for student success
 - Al for curriculum development and improvement

By leveraging adaptive learning technologies like Knewton and DreamBox, and Al-driven personalized feedback tools such as Coursera's AI Tutor and IBM Watson Tutor, educational institutions can significantly enhance the learning experience. Additionally, using ChatGPT for real-time student interactions can provide immediate and personalized support, facilitating a more engaging and effective educational environment. ChatGPT can be used to provide personalized tutoring, answering student queries, and offering feedback based on student inputs. Tools like Gradescope, and Edmentum Assessments can be used to automate grading for various assignments. Custom solutions using OpenAl'sGPT-4 can provide detailed and Al-driven grading for more subjective assignments like essays.Implementing AI for predictive analytics and curriculum development can significantly enhance data-driven decision-making in education.

2. In Healthcare: Personalization Meets Efficiency

Al-powered platforms are transforming healthcare by enabling faster diagnosis and personalized treatments. Imagine a world where Generative AI analyzes complex medical histories and suggests tailored treatment plans or even generates synthetic datasets for research while ensuring patient privacy. For example, OpenAI'sGPT-40 is a large language model that can generate text-based responses in a conversational manner, making it a versatile tool for a wide range of healthcare applications:

► Administration: ChatGPT automates appointment scheduling, reporting, patient FAQs, billing questions and medical record management.

Diagnosis: ChatGPT assists in preliminary patient assessments, symptom checking, and provision of basic medical advice. Provide input data to aid physician diagnosis, and risk assessment. Currently, its output should be considered assistive not definitive recommendations in healthcare - physician supervision is a must.

Treatment: ChatGPT offers medication reminders, lifestyle guidance, and ongoing patient monitoring support. Suggest personalized treatment plans based on latest medical research.

3. In Retail: A New Customer Experience

Retailers are using AI to craft personalized shopping experiences. From generating product descriptions to designing virtual fitting rooms and customer-specific promotional content, Generative AI is helping businesses boost engagement and loyalty.

Why Generative Al is Thriving

Generative Al's success lies in its adaptability. Tools like ChatGPT, DALL-E, and video-generation platforms have gone beyond creative endeavors to enter fields where structured thinking, data-driven analysis, and innovative problem-solving are keys.

Better Customization: With fine-tuning capabilities, these models now cater to highly specific industry needs.

Enhanced Collaboration: Generative AI systems are increasingly collaborative, working alongside humans to amplify productivity rather than replace them.

Cost Efficiency: By automating repetitive tasks and generating synthetic data, businesses save time and resources while achieving higher accuracy.

Spend More Time Thinking Before You Respond

OpenAl's new concept of "spending more time thinking before you respond" highlights their efforts to improve the quality, accuracy, and depth of responses generated by their Al models, such as ChatGPT. This statement reflects an emphasis on **deliberative processing**—essentially slowing down the response generation to enhance reasoning and reduce errors or biases.By "thinking longer," the model simulates a process akin to human deliberation. This involves evaluating different possible responses, considering the context more thoroughly, and avoiding hasty conclusions based on partial information.Additionally, it helps models avoid generating inaccurate or fabricated information (referred to as "hallucinations").

Challenges on the Road Ahead

As Generative AI integrates further into practical applications, certain hurdles remain:

Ethical Use: Ensuring these tools are used responsibly and free of bias.

Regulatory Frameworks: Striking a balance between innovation and regulation to safeguard privacy and security.

Education: Helping non-technical users understand the technology and its limitations.

The future of Gen Al

As we step into the New Year, expect even greater advances in Generative AI for practical use cases. From enhancing sustainability efforts through AI-optimized supply chains to revolutionizing creative industries with hyper-personalized content, the future looks promising.

In the upcoming issues, we'll delve into AI's role in decision-making, how businesses can best adopt these technologies, and the importance of fostering ethical AI practices. Stay tuned as we continue to explore how AI is reshaping the world—one breakthrough at a time.

Happy New Year and see you in 2025!

Rtn PDG PG Muraleedharan

COUNCIL ON LEGISLATION 2025 MEET AT CHICAGO



PDG George Mathew represents Rotary District 3211 in Council on Resolutions and Council on Legislation for the period 2023-26. The 2025 Council on Legislation will take place at Chicago from 13th to 17th April 2025.

Major enactments approved by the RI board proposed to be put to vote during the Council on Legislation are given below. 'Let me have your views if any', at georgemathewktm@gmail.com.

The enactments approved at COL will become part of Manual of Procedure (MOP) 2025 replacing MOP 2022.

Details of proposed enactments

1. Club Level

a. Mandatory committees to be increased to 6 by adding vocational committee.

b. At annual club meeting officers, committee chairmen and those to be on the club board may be elected or selected.

c. Club board minutes to be published within 45 days instead of present 30 days.

d. At the annual meeting, financial report of the previous year and in the mid-year financial report of the current year should be presented.

- e. New club starting minimum members 15 instead of 20.
- f. Admission fee should be waved for new club to get admitted in RI.
- g. Total honorary members in a club should not exceed 5% of total membership.

h. Dual membership is allowed if a charter member is on the board of new club while retaining his membership in his primary club whose dues are to be paid through the primary club.

- i. Clubs with less than 10 members should pay per capita fees for 10 members.
- j. 5 Avenue of service to reduce to 3 (Vocational, Community and Club service)

k. The restriction on cancelling more than 3 consecutive meetings will not apply in case of disaster or death of a member.

- I. Make up of attendance provision can be even in 2 weeks of the New Year,
- m. Termination for absence will include if it happens consecutively for 2 months

2. District Level

- a. Qualifications of a DGN Add administrative experience such as AG.
- b. Retaining ballots of DGN election for 30 days instead of 15 days.

c. Governor election by nominating committee, challenge requires support of 20 clubs instead 10 or 30% of total clubs instead of 20%.

- d. Membership of a club in RI automatic termination if RI Board instructs. Article 13 section 3,
- e. Rotary Magazine to be a subscriber or not to be made optional.

f. Election review procedure under article 13, exhaust provision under appeal to RI board as per section 5.030.

- g. The board decisions are not Arbitrable under Article 24 but appealable under section 5.030.
- h. Per capita dues as determined by RI board from time to time.
- i. The COL 2025 decisions should be implemented only from 1st July 2026.
- j. The Governor election in District Conference or in Legislation meeting.
- k. The clubs with less than 13 members are not eligible for electors in DG election,

I. The district fund can be fixed at the PETS or at Club Leadership Training Seminar apart from District Conference.

PDG George Mathew

The Rotary **Council on Resolutions (COR)** meets online every year to vote on proposed resolutions and urgent enactments. Representatives from all Rotary districts vote on items proposed by clubs, districts, the RI Board, and the general council or conference of RIBI.

The Rotary **Council on Legislation (COL)** is a governing body that meets every three years to debate and vote on proposed changes to Rotary's constitutional documents: The RI Constitution, The RI Bylaws, and The Standard Rotary Club Constitution.

HERE ARE OUR ASSISTANT GOVERNORS

AG Zone 12



Clubs : Nedumoncavu Ashtamudi Lake side Ezhukone Kureepuzha

Home Club : Nedumoncavu

AG Zone 24



Clubs : Alleppey Central Cherthala Green City Marary Alleppey Town

Home Club : Alleppey Central

Rtn Anil Kumar A

Rtn Anil Kumar A joined the Rotary Club of Nedumoncavu in the year2010. The first responsibility of club administration was treasurer during the period of 2014-15 and as secretary in the period of2016-17 and the president in the period of the Rotary year 2020-2021 at the governorship of PDG Shrinivasan.

Professionally he is a teacher, but currently he is running a small scale industry in Karnataka at Karwar.

His plans as Assistant Governor Zone 12 are to increase membership in his zone above 20% and to encourage all members to contribute minimum 25 dollars to TRF.

He is married to Girija I, also a teacher and now she is a headmistress. They are blessed with two daughters Karthika Anil and Keerthana Anil. The elder daughter is studying at Central University of Karnataka and the younger daughter is a plus 2 student.

Rtn Krishna Kumar N

Rtn Krishna Kumar N joined in the Rotary fraternity as a member of the Rotary Club of Alleppey Central in 2016. He served as the President of the club during 2020-21 and was the Secretary during 2019-20, earning recognition as the Best Secretary during his tenure.

Born in Thakazhy, he now resides in the municipality of Alappuzha. Professionally, Krishna Kumar has been a Higher Secondary School Teacher at Nedumudy since 1998. Prior to his teaching career, he worked as a Computer Programmer in Delhi. He holds a postgraduate degree in Physics (M.Sc. in Physics) and also possesses a postgraduate degree in Computer Applications (M.C.A.).

In this Rotary year, Krishna Kumar aims to uplift the clubs in his zone by providing maximum support. He will primarily focus on the Uyare and Udaikiran 2 initiatives, as well as on membership growth, the CROP, The Rotary Foundation (TRF), and other projects that benefit the community. Connecting society to Rotary and enhancing its public image are also key areas of interest for him. The first 'Udaykiran 2' project was launched in his zone, and he is planning and conducting many training programs related to the Uyare District projects.

Krishna Kumar's family includes his wife Lekshmi, son Anantha Krishnan, and daughter Arundhathi Krishnan. Lekshmi is also a teacher, while Anantha is doing higher studies after B.Tech and Arundhathi is an undergraduate student at Pondichery Central University.

HERE ARE OUR ASSISTANT GOVERNORS

Rtn Dr Jayakrishnan R

Rtn Dr Jayakrishnan R MPHF, joined Rotary club of Chengannur in 2010. He was Secretary during 2020-21 and President during 2021-22. Received best President and best Rotarian awards at zonal level.

An, Orthopaedic Surgeon by profession, he did his MBBS from Govt Medical College, Alappuzha and MS (Ortho) from JIPMER, Pondicherry. Currently he is working as Consultant Orthopaedic Surgeon, at St Thomas hospital, Malakkara.

He has conducted zonal level CROP and Planetree programmes. Sponsored a house under Udayakiran 1 project. He is planning to conduct a zonal level soft skill development programme under the District Project Uyare. A Zonal Family Tour and Global grant project participation in HPV vaccination at zonal level are the future plans

Married to Dr Raji Sugathan (Dermatologist, Govt. Hospital, Kozhencherry). Blessed with two daughters Sreeparvathy (1st yr MBBS student) and Sreenanda (8th Std student).

Rtn Mathew Thomas

Rtn Mathew Thomas embarked on his Rotary journey in 2003. As a charter member of the Rotary Club of Kottayam Central, he has actively contributed to the club's growth and impact, serving in key roles such as President, Secretary, Club Administrator, and Membership Development Officer. His leadership experience extends beyond his current club, as he previously held the position of Secretary at the Rotary Club of Kottayam South.

An MBA graduate and seasoned entrepreneur, Rtn Mathew Thomas is the Managing Partner of German Tech, a prestigious luxury car service center located in Gandhinagar, Kottayam.

As Assistant Governor of Zone 34, Rtn Mathew Thomas aims to bolster membership by 15% and significantly contribute to The Rotary Foundation. He is particularly passionate about supporting projects aligned with the 'Uyare' initiative.

Rtn Mathew Thomas is married to Bini Mathew and they have two daughters aged 14 and 10.

AG Zone 29



Clubs : Chengannur Pandalam Town Adoor Adoor Town

Home Club : Chengannur

AG Zone 34



Clubs : Kottayam Town Kottayam North Puthuppally

Home Club : Kottayam Central

THE ROTARY FOUNDATION SEMINAR - SAMARPANAM



Lighting of the Lamp



Welcome Address by Seminar Org Chair Dr Ajaya Kumar



Seminar called to order



Lead by Example District Governor Sudhi Jabbar



Welcome Dance



District Learning Facilitator PDG Suresh Mathew

LIN WAY

2024



Vice Governor PDG K Srinivasan



Chief Guest Smt Anu Kumari IAS District Collector, Trivandrum



DRFC



Guest of Honour Karmayogi DGN Ravishankar Dakoju GIVING RECOGN

Honouring **AKSM Members**



ARRFC

PDG Jose Chacko

Panel Discussion Moderator PDG Suresh Mathew

PDG Dr Thomas Vavanikunnel



Ganamela



Vote of Thanks Entertainments Rtn Asoka Kumar

The Venue Al Saj Arena

Rotary 🛞 🤾

GOVERNOR'S MONTHLY LETTER

DARPANAM

DISTRICT GOVERNOR'S OFFICIAL VISITS





RC TRAVANCORE TRIVANDRUM



RC QUILON NORTH



RC KOTTAYAM NORTH



RC CHINGAVANAM





RC TRIVANDRUM FORT



RC GREATER CHANGANACHERRY



RC KOTTAYAM SOUTHERN

RC KAYAMKULAM



RC MANNAR



RC TIRUVALLA

DISTRICT GOVERNOR'S OFFICIAL VISITS







RC KOZHENCHERRY







RC KOLLAM BYPASS CITY



RC SHERTHALLAI



RC VAIKOM



RC ERATTUPETTA



FAMILY INVOLVED ROTARY ENTERTAINMENT (FIRE) Dates of Revenue District Competitions

Pathanamthitta : 14-12-2024 Kottayam : 15-12-2024 Alleppey : 22-12-2024 Kollam : 29-12-2024 Trivandrum : 12-01-2024

ROTARY INITIATIVE FOR SPORTING EXCELLENCE (RISE)



It gives me immense joy and pride to reflect on the phenomenal success of the RISE Competitions 2024, a grand celebration of sportsmanship, camaraderie, and unity among Rotarians of District 3211. This year's competitions have once again highlighted the remarkable talent and dedication within our Rotary family, reinforcing the values of fellowship and teamwork that lie at the core of Rotary's mission.

The journey began in September at the iconic Greenfield Stadium, Trivandrum, where we witnessed thrilling contests in badminton, chess, carrom, and tug-of-war. The electrifying atmosphere and the enthusiastic participation from Rotarians across the district made this a truly memorable start to our multi-city sporting extravaganza. Each game reflected not just the skill and competitive spirit of the participants but also their deep respect for one another, showcasing the true essence of

friendly rivalry.

In October, the excitement shifted to Kottayam, where football and swimming were introduced as part of the RISE Competitions for the first time. These new additions brought a fresh wave of enthusiasm and were met with widespread appreciation from participants and spectators alike. The energy on the football field and the determination displayed in the swimming pool were inspiring to witness, setting a new benchmark for future competitions. The overwhelming response to these events reaffirmed our belief in the importance of innovation and inclusivity in our programs.

The grand finale in November was held at the historic grounds of Fathima Matha College, Kollam, featuring the much-anticipated cricket tournament. The event was a celebration of unity, with Rotarians and Rotary leaders coming together to cheer, compete, and collaborate. The spirit of teamwork and camaraderie was palpable, making it a fitting conclusion to this extraordinary journey across the district.

I am deeply grateful to every Rotarian, participant, and Rotary leader who contributed to the success of RISE 2024. Your unwavering support, active involvement, and enthusiastic participation made this event truly special. A special note of appreciation goes to the organizing committees at Trivandrum, Kottayam, and Kollam for their meticulous planning, seamless execution, and dedication to ensuring that each competition was conducted with the highest standards of professionalism and fairness.

RISE Competitions 2024 have proven, once again, the power of sports to unite, inspire, and energize our Rotary family. These events have not only strengthened the bonds within our district but also set an example of how collective efforts can lead to extraordinary achievements.

As we look forward to future editions, let us continue to innovate and expand, embracing new ideas and challenges. Together, we can make RISE an even bigger platform for fostering fellowship, celebrating talent, and promoting the values that Rotary stands for.

Thank you for being part of this incredible journey. Your enthusiasm and dedication have made all the difference, and I am confident that the legacy of RISE will continue to grow with each passing year.

With warm regards and deep appreciation,

PAG Shaj Sreedharan Chairman, RISE 2024 -25

ROTARY INITIATIVE FOR SPORTING EXCELLENCE (RISE) RISE TOURNAMENT – THIRD PHASE – CRICKET













DARPANAM

FAMILY INVOLVED ROTARY ENTERTAINMENT (FIRE) Zonal Level Competitions







Zone 3, 4 & 7 @Mannam Memorial National club, Trivandrum



Zone 19 @Rotary Community Centre, Karunagappally. RC Karunagappally became Overall Champion







Zone 26 RC Alleppey Greater Overall Champion

Zone 30 @ RC Pathanamthitta Metro Club Hall



Zone 35 RC Kottayam East was first in Duet Song, Folk Dance, Group Song and Group dance



Zone 36 @ Rotary Club of Kanjirappally



ROTARY YOUTH LEADERSHIP AWARDS

DISTRICT RYLA 2024-25

District RYLA 2024-25, hosted by RI District 3211 was held on the 28th of November at the Jain Deemed-tobe University, Kochi. It is the 12th consecutive year that the Rotary Club of Kottayam East is holding this event in association with Manorama Online. The event was inaugurated by DG Rtn Sudhi Jabbar. District Chairman RYLA Rtn C Thomas welcomed the gathering. Felicitations were given by Shri Santhosh George Jacob, Coordinating Editor, Manorama Online and Shri Tom Joseph, Director Initiatives, Jain University. The Guest of Honor was Actor Vinay Fort and the key note address by Shri Anjeet Singh IAS. The speakers were : Shri Bahul Ramesh (cinematographer) , Shri Dinjith Ayyathan (Film Director), Shri K S Sabarinathan (Techie turned Politician) , Ms Salini Nair (RJ and Creative Story-teller) , Chef Suresh Pillai (Founder Chef Pillai Chain of Restaurants) , Shri Sreeduth S Pillai (Leadership Consultant and Sports Broadcaster) and PDG.Rtn Suresh Mathew. The valedictory address was by DG Elect Rtn Dr Tina Antony and Vote of thanks by Rotary Club of Kottayam East President Rtn Valsala Venugopal. There were 170 participants for the District RYLA. **Rtn Anil Mathew**, RC Kottayam East





Honouring Director Dinjith Ayyathan and Cinematographer Bahul Ramesh



Honouring Leadership Consultant & Sports Broadcaster Sreeduth S Pillai



Techie turned politician K S Sabarinathan and RJ cum Creative story-teller Salini Nair in panel discussion



RI DISTRICT 3211

GOVERNOR'S MONTHLY LETTER

DARPANAM

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CONTINUOUS ROTARY ORIENTATION PROGRAM (CROP)





RC Karode Learning Facilitator Rtn Manikantan Nair



RC Manarcad Learning Facilitators Rtn K M Mammen, Rtn Sam Joseph and Rtn Lal Varghese



ZONE 24 - RC Cherthala Green City, RC Marari, RC Alleppey Town & RC Alleppey Central Learning Facilitators Rtn Dr Suresh Kumar U and Rtn V R Vidyadharan



RC Trivandrum Learning Facilitator Rtn K Sasikumar



RC Anchalummood Central Learning Facilitator Rtn K C Sathyan

RC Quilon Heritage Learning Facilitator Rtn Vasu Sreekumar

RAY OF HOPE FOR HOMELESS - PROJECT UDAYKIRAN

UDAYKIRAN 2 - A JOINT PROJECT OF K CHITTILAPPILLY FOUNDATION AND RID 3211

As per the contract executed between K Chittilappilly Foundation and Rotary International District 3211, RC Trivandrum Empire joined hands with this very noble Project. To start with one house is sponsored for the most deserving beneficiary, Mrs. Prabha Kumari, Vilayil Veedu, Deveswaram, Kilimanoor P O, a widow.

The name "Udaykiran" symbolizes a new dawn of hope and stands as a powerful reminder that unity and compassion have the strength to transform lives. An impressive and impactful foundation stone laying ceremony was held to mark the beginning of a new chapter for a homeless woman in need, where Rotary District Governor, District Project Chairman, Assistant Governor Zone 2, members of Rotary Club and relatives of the beneficiary gathered to celebrate this mile stone. This was the seventh house sponsored by the District under this project during this year.

"This foundation stone is not just for a house, it is the foundation of dignity, security and a brighter future" **Rtn Manju C Nair**, President Trivandrum Empire



RC Trivandrum Empire Foundation stone laying ceremony of a house under UDAYKIRAN 2 was done by DG Sudhi Jabbar.

RC Kottayam North Foundation stone laying ceremony of a house by DG Sudhi Jabbar during GOV



RC Alleppey North

Foundation stone laying ceremony of three houses under UDAYKIRAN 2 was done by DG Sudhi Jabbar



RC Vaikom Lake City Foundation stone laying ceremony of a house under UDAYKIRAN 2 was done by DG Sudhi Jabbar. Club contribution first part was also handed over.



RC Kazhakuttom UDAYKIRAN 1 2nd house completed and handed over to the beneficiary





RC Kottayam North Site visit by DG Sudhi Jabbar during GOV to 2 houses under Continuing project ABHAYAM.

DARPANAM



Official Tie-up with IIIC

Another leap in Uyare - District Governor Rtn Sudhi Jabbar and District Project Chair Rtn Dr Meera John signed MOU with Indian Institute of Infrastructure & Construction (IIIC), Chavara for District Project Uyare



RC Kollam Bypass City

Inaugurated the "UYARE" Project - Horticulture Therapy & Training, named "THALIR" at BVET (The Life Skills & Training Centre for Differently-abled Children) on Kerala Piravi Day in presence of Sri. Pramod Madhavan, Asst. Director (Planning) Agriculture Dept: of Kerala. He took an awareness section about agriculture plantation for the inmates and & their families. Grow bags and saplings were donated for their vegetable cultivations. Handed over financial support for the project.



Satellite Club of RC Trivandrum Suburban

Initiated a Kitchen Garden Setting-up Project at Salvation Army Higher Secondary School, Kowdiar, empowering students with hands-on experience in eco-friendly kitchen gardening and self-sufficiency. Smt. Geethakumari V S, Rtd Deputy Director, Agriculture Department, provided an informative training session on establishing a kitchen garden, after which a model garden was set up on the school premises. The club supplied necessary materials, including grow bags, potting mixture, saplings, seeds, manure, and tools. Students actively participated by filling grow bags and planting saplings and seeds.



RC Kottayam North DG Sudhi Jabbar inaugurated UYARE Project at YWCA Kottayam, handed over fees for Tailoring Training and donated Sewing Machines.

RC Palai

Students of K R Narayanan Institute of Visual Science and Arts, where RC Palai had sponsored 20 students for training in various aspects of film making aimed at the skill development program under the District Project UYARE, got acclaimed at International Documentary Film Festival held at The Czech Republic.



RC Kollam City Motivational Class to Students of Sree Buddhah College of Engineering, Pattoor, Alleppey Dist.



RC Vaikom Town Distributed Sewing Machines to deserving ladies.



RC Trivandrum Suburban "Upskilling Program on Legal insight for setting up startups" at KICMA Business School, Neyyar Dam



RC Kilimanoor The distribution of goat kids under the Goat Project, a continuing project for the last 24 years, was inaugurated by District Project Chair Rtn Dr Meera John.



RC Vaikom

Goat Project named "Nammude Aadu Paddhathi" was inaugurated by Assistant Governor Rtn S D Suresh Babu. Rtn Martin from UK was the Chief Guest. Dr Shaju took class on Goat Rearing.



RC Trivandrum Suburban Donated the CUET-UG Smart Question Banks to Chinnamma Memorial Girls Higher Secondary School, Poojappura, to support students preparing for the Common University Entrance Test (CUET).



RC Trivandrum Suburban Career Counselling Program at HHMNSS College for Women, Neeramankara, Tvm

RC Puthuppally Program on Empowering Girls Through Self Defence Training at St Thomas HS, South Pampady and JMHSS Vakathanam







RC Aranmula Set up an Entrance Corner at SVGVHSS Library, Kidangannur. Inaugurated by Mr TNT Nayar (IRS) Rtd Income Tax Tribunal Magistrate.

RC Trivandrum Suburban Sponsored 50% fees of Beautician Course for two girls from The Sri Chitra Home for the Destitute and Infirm



RC Tiruvalla District Governor Sudhi Jabbar inaugurated the Umbrella Making Program for differently abled students at YMCA Vikas School under the "UYARE" initiative.







RC Trivandrum Suburban

A Community Development Conference themed, "Sustainable Synergies - Building Resilient Communities through Collective Efforts" organized by 'Let Us Dream', an international voluntary organization in association with Maranallor Christ Nagar College and Rotary Club of Trivandrum Suburban was held at the college campus. Shri Raju Narayana Swamy IAS delivered Keynote address in the inaugural session and Shri Sanjayan Kumar IFS was Chief Guest at the valedictory session. Club President Rtn. Dr. Baiju Ramachandran offered felicitations in the inaugural session. The event featured panel discussions on Education, Health, and Social Development, showcasing experts from NGOs and community organizations. In each session of panel discussions President (Elect) Rtn. Vinod Narayanan, Satellite Club President Rtn. Dr. Saritha Baiju and District TRF Chair Rtn. Dr. S K Ajaiyakumar (Parassala Club) addressed the participants and shared their valuable insights. Unsung heroes were recognized for their selfless contributions, while various NGOs exhibited their products and initiatives in various stalls. Free workshops, health camps and first-aid training were also provided in the conference venue. Notably, eco-friendly practices were highlighted through decorations crafted from recycled materials



RC Quilon West End

Women Empowerment and Skill Development Initiatives sponsored by Rtn Martin L Pember and Ms. Chris





Rtn Sasidharan Nair, AG Zone 09 being honoured by Hon. Minister of Sports, K e r a l a , f o r h i s contributions in Sports



Rtn Manikantan, Secretary, RC Kazhakuttom, receiving Prathibha Purskaram from Hon. Minister GRAnil for his contributions as Chairman of Mother India Public School, Attingal.

RI DISTRICT 3211

GOVERNOR'S MONTHLY LETTER

DARPANAM

ALLEPPEY EAST CELEBRATES 50 YEARS OF YEOMAN SERVICE IN ROTARY



The Rotary club of Alleppey East was chartered as the 12th club in Rotary District 321, comprising clubs in South India and Sri Lanka, on 5th of August 1974, sponsored by Rotary Club of Alleppey. The club was formed under the able leadership and inspiration of Rtn. Adv. Narayanaswamy Charter President and Rtn. Prof Jacob Thomas Charter Secretary, with 21 charter members. The Charter was presented on 11th October 1974 by the then Rotary Governor Rtn. Donald Vijayavardhane from Sri Lanka.

The first community project was the construction of the bus shelter in front of SD College. Rotary East Charities Club Hall was inaugurated on 27th July 1990. First Matching Grant Project for drinking water facility was executed in 1994. Implemented Drinking Water facilities at Kainakary, Edathuva, and Neelemperur and another Drinking Water Project at Mitrankari under separate matching grants.

The club sponsored Rotary Club of Alleppey Coir City in 2003 and the PROBUS Club in 2007.

RC Alleppey East became a 100%PHF in 2011 and was declared as the largest 100% MPHF Club in India in 2018. The club has donated generously to the Rotary Foundation, with one Level 2 Major Donor along with 9 other Major Donors.

The club has been bestowed with the Highest Award given to a club by Rotary International "The Significant Achievement Award", and recognized as the Distinguished Club of RI. RI presidential citation award was also received.

Past President Rtn. Babu J Punooran is a recipient of the Service Above Self award. Rtn. Anil Kumar G and Rtn. P.V. Mathew are recipients of the Four Avenues of Service of RI.

Over the years, the Club has bagged all the Coveted club and individual Awards from the district for service and fellowship activities. Ever since the inception of club rating in the district in 2010, Alleppey East has always been adjudged as 5 star club. Weekly bulletin Eastrotimes has bagged the best bulletin award in the district many times for its outstanding content and regularity.

Rotary Club of Alleppey East stands nonpareil in respect of multitudes of FIRSTS in District 3211 viz., the first Major Donor of RI Dist 3211, the first Major Donor couple with both contributing, member joining Rotary fraternity as Major Donor, first Major Donor to become the President of a club in the District.

The Club played hosts and joint hosts to very many District events like District conference, District Assembly, District Award Nite, Rotary Athletic Meet, and District Leadership Seminar etc.

Alleppey East is celebrating its Golden Jubilee this year. To commemorate the Golden Jubilee Celebrations of the club with a Visible Project, a Rotary Golden Jubilee Fruit Garden comprising of over 30 varieties of Fruit trees, See-saw, Swing and Park Benches were donated to the General Hospital Alleppey which receives an average daily footfall of more than 1500 people, which will give a huge Public Image to Rotary.

Also, over 100 Medicinal plants were donated to the Rotary Herbal Garden at the General Hospital. Television sets, Wall clocks and Sanitary Napkin Wending Machines were also donated to the Hospital. Dist. Governor AKSM Sudhi Jabbar Inaugurated the Golden Jubilee Projects. This is apart from the 10 houses constructed by the club during its yearlong Golden Jubilee Celebrations.

Rtn MPHF Dr Aji Sarasan

President Alleppey East

ALLEPPEY EAST CELEBRATES 50 YEARS OF YEOMAN SERVICE IN ROTARY Golden Jubilee Projects of RC Alleppey East



Inauguration of Golden Jubilee Projects @ Dist General Hospital Alleppey by DG Sudhi Jabbar



Television set, Wall clocks & Sanitary Napkin wending Machine donated to the Hospital



Fruit Garden @ Dist General Hospital Alleppey



See-saw, Swing and Park benches @ Dist General Hospital Alleppey





Herbal Garden @ Dist General Hospital Alleppey







Alleppey East constructed 10 houses during its yearlong Golden Jubilee Celebrations.

PLANETREE RELOADED







RC Trivandrum South Planted 50 saplings at Sandeepani School, Trivandrum

RC Thalayolaparambu Planetree @ Lake Mount School







RC Trivandrum South Planted 50 saplings at Sri Sathya Sai English Medium School, Karipoor



RC Kayamkulam Planetree @ Pathiyoor L P S and Pathiyoor H S inaugurated by DG Sudhi Jabbar



RC Alleppey Planted 86 saplings of fruit trees including 32 coconut trees @ members' land.

Protecting the Environment – The Seventh Area of Focus in Rotary

Rotary shares an interest in protecting our common legacy: the environment. Rotary members actively fight climate change and environmental degradation by conserving and protecting natural resources, advancing ecological sustainability, and fostering harmony between communities and the environment. Rotary supports efforts such as providing quality equipment to increase plastic recycling programs and solar panels to power pump houses.



Congratulations

Our First Lady Governor, **DG Elect Dr. Tina Antony**, has initiated the largest-ever service project outside India: a cleft lip surgery project in Mexico. By undertaking this ambitious project, we aim to shift the narrative from being mere recipients of International Aid to active Global Contributors.

Rtn Princy Sebastian of RC Alleppey, the District Chief Sergeant at Arms 2025-26 (the first Lady to hold this post in our District), has pledged to contribute \$ 2000 to the CLEFT Lip Project.

INDUCTION OF NEW MEMBERS



RC Quilon East Inducted 2 New Members on 35th Club Day









RC Karode Inducted 2 New Members on Charter Day

RC Puthur Inducted 3 New Members

35TH ANNIVERSARY RC QUILON EAST



PDG Suresh Mathew was the Chief Guest for the 35th Anniversary of RC Quilon East

CHARTER DAY KARODE



PDG P G Muraleedharan was the Chief Guest for the Charter Day Celebrations of RC Karode

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SPECIAL DAYS OF OBSERVANCE







RC Anchal Donated wheel chairs and fans to the Taluk Hospital Punalur on Kerala Piravi day

RC Aranmula Donated Medical/surgical bed to a bedriddenwoman on Kerala Piravi day



RC Karode Kerala Piravi day and Malayala Bhashadinam observed at Govt LPS Alathottam, Parassala.

RC Alleppey Greater Initiated activities for setting up Rotary Park, on Kerala Piravi day.



RC Kilimanoor Co-sponsored Art Festival of Differently Abled Children held at Raja Ravi Varma Art Gallery, Kilimanoor, on Kerala Piravi day.



RC Anchal Celebrated Childrens Day at Kuttankara Anganawadi Thazhamel, Anchal The club provided the anganawadi with fans, toys and dolls and sweets for the kids.





RC Parippally Town Celebrated Childrens Day at Karamkode LMS LPS

RC Sasthamkottah Celebrated Childrens Day at Vidyadhiraja Model UPS, Pallisserickal, with Sisudina Rally and Sweet Distribution

DARPANAM

SPECIAL DAYS OF OBSERVANCE







RC Travancore Trivandrum Childrens Day at Kunnappuzha GLPS. Sweets, Tricycle, Floor mat given.

RC Kazhakuttom Celebrated Childrens Day at Cheraman Thuruthu LPS. President gave away cash prizes for various competitions.



RC Mannarasala Celebrated Childrens Day at DKNM LPS with Sweets Distribution and Colourful Sisudina Rally.





RC Trivandrum South Childrens Day @Carmel School, Peyad. Dr Priyanka interacts with +1, +2 students on mensural hygiene & Dr Arun gives cancer awareness



RC Trivandrum Suburban Childrens Day @ Poojappura GUPS Sponsored Magicpot subscription.







RC Kilimanoor Childrens Day Celebrations



RC Kottarakkara As part of Childrens Day Celebrations, organised 'Nirakkottu', Painting Competition at Kottarakkara Town UPS, inaugurated by Jilla Panchayath President P K Gopan. Awards were given to winners.

DARPANAM

SPECIAL DAYS OF OBSERVANCE



RC Karode World Diabetes Day Observed at Saraswathy HJospital, Parassala



RC Kottayam Central World Diabetes Day campaign & Rally in asccociation with KIMS Health Hospital Kottayam. Rally flagged off by AG.



RC Mannarasala World Diabetes Day Observed in association with Veeyapuram Family Health Centre and Veeyapuram Grama Panchayath



RC Trivandrum South Organised a medical camp at Carmal School, Peyad on World Diabetes Day, in association with S K Hospital, Trivandrum and Family Planning Association of India. Diabetic check up for all and breast & cervical cancer screening for women.



Assistant Governor Zone 06, Dr Ranjit Suseelan, Ph.D. of the international environmental NGO, theMarine Stewardship Council (MSC) in India, presented on MSC's Fisheries Standard and certification programme at theGovernment of India (Gol) event in Chanakyapuri, New Delhi on World Fisheries Day.

With theme 'India's Blue Transformation: Strengthening small-scale and sustainable fisheries,' Dr Suseelan facilitated an afternoon technical session with a special focus on the role of fisheries standards and importance of traceability in seafood.



Congratulations

Rtn T Sumesh Cheruvaranam, President, Rotary Club of Sherthallai has been selected for Dr Ambedkar Visistaseva National Award 2024, recognising his Social Service and other literary activities related to the upliftment of the Downtrodden and Backward People of India and Abroad.

He will be honoured by this prestigious award by the Chief Guest in the 40th National Conference of Bharathiya Dalit Sahitya Akademi on 8th December 2024 at Ambedkar Mandapam, Panchasheel Ashram, Jharoda Village, Delhi.



RC Karode Gave steel plates and tumblers Plastic Free School Project @GLPS Alathode, Parassala





RC Trivandrum Metro Antidrug Awareness Seminar along with Kerala Kaumudi Bodhapournami Club @ MGM College, Kaniapuram and Salvation Army High School, Kawdiar



RC Puthuppally Cervical Cancer awareness programme by Dr. Rita Isaac, former Sr. Prof. CMC Vellore



RC Kazhakuttom 'Bottles of Hope' Water bottles with photos of students at Cheraman Thuruthu LPS



RC Kazhakuttom 'Ente Kaumudi' Project Monvila LPS



Zone 30 School kits to Chennerkara LPS



RC Peruva Medical Camp @SNDP Hall





RC Vaikom Town Financial Aid for house construction to 2 persons



RC Alleppey North Eye camp in assn with Chaithanya Eye Hosp



RC Vaikom Lake City Annadanam at St. Raphael Old Age Home



RC Alleppey Greater Sponsored Jerseys for Girls' Rugby Team

DARPANAM



AIDS awareness session @ Alpha Genius and Integrated School Pathirapally by a magician



RC Alleppey Greater Food grain kits to 50 families in Mararikulam South Panchayat



RC Alleppey Greater Meeting between ex-servicemen and District Collector Sri Alex Verghese, IAS, to engage them in humanitarian services across Alleppey District.



RC Vaikom Lake City Financial Support for eye surgery



RC Vaikom Lake City Aid to Mercy Home, Muthedathukavu



RC Vaikom Lake City Renal Care Aid



RC Trivandrum Suburban Ente Kaumudi @ Sree Chitra Poor Home Govt LPS School



RC Trivandrum Suburban Specs to a partially blind student of School for the Visually Impaired



RC Alleppey RO Water Filter to Dist Hospital Alappuzha



RC Alleppey Cleaning of Alleppey Beach



RC Alleppey Sound System @Assisi Special School



RC Quilon North 100% TRF Contribution



RC Trivandrum Suburban Session on GST on rentals by GST Consultant Mr. Arun





RC Kottayam Central Flag Exchange with Rtn. PP Martin Laurence Pember from RC Maidstone Dawn Patrol, Kent, UK





RC Alleppey Town Donated a Music System and arranged Annadanam @ Karunalaya Hospice





RC Quilon North Family Tour



RC Kilimanoor Financial Aid to 2 heart patients, an auto driver and a plumber

RC Haripad Cancer awareness @ Holy Angels School, Pallippad



RC Mannar Past presidents honoured @GOV



RC Tiruvalla DG visit CSR Project @Thengali GLPS

RC Trivandrum Fort Donation to cancer patient & honour to 2 social worjers @GOV





RC Kottayam North Project inaugurated at PHC & continuing project Comfort Station visited during GOV



RC Kayamkulam Child beds donated to Kattanam No: 20 Ankanavadi







RC Chingavanam Beautification of Rotary Park





RC Trivandrum Cosmos Meeting cum Trip to Thripparappu



RC Mannarasala Anns sponsored a toilet for pregnant lady



RC Alleppey Greater Discussion - Share Market trends



RC Kundara Pleasure Trip to Kuttalam





RC Trivandrum Metro Kudumbasangamam



RC Karode Medical aid to 2 persons



RC Karode Wheel Chair to a disabled person







RC Trivandrum Suburban

37th Charter Day celebrations, commenced with a "Nostalgia Exhibition - Celebration of 36 years Club's Memories". Members and Anns participated in the program in 80s' attire with enthusiasm. A lively round table discussion was held on the theme "Rotary's influence on personal growth ".



RC Trivandrum Suburban Donated sewing machines to Aiswarya Tailoring Unit and donated an amount to SMSS Mahilamandiram



RC Vaikom Lake Citv Adult Diapers to Palliative Care Maravanthuruth



RC Quilon 150 Wheel chairs were distributed under Global Grant Project. Hon. Minister Smt. Chinchurani was the Chief Guest







RC Trivandrum Suburban Awareness session on preventing domestic violence at NSS College, Nilamel



RC Kazhakuttom 'Bottles of Hope' Water bottles with photos of students at Chenkottukonam LPS



RC Changanacherry Town Family Tour to Vagamon and Kuttikkanam

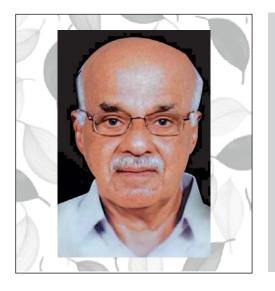
RC Trivandrum Suburban Medical camp @ Chinmaya Vidyalaya



RC Kilimanoor Tour to Parunthin Para, Glass Bridge, Thangal Para, etc.

OBITUARY

Rtn PP K M Thomas (Papachayan), RC Chathanoor



Rtn K M Thomas (Papachayan - 94), Past President of Rotary Club of Chathanoor, passed away on 03.11.2024. The funeral was held at Adichanallor Church on 04.11.2024.

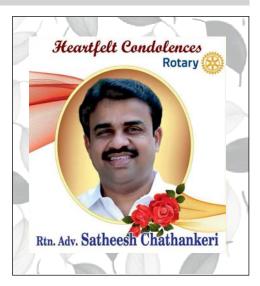
He had earlier served as General Manager, Al-Futtaim Wimpey, Dubai.

His wife was Late Mariamma Thomas. He is survived by son Mathew Thomas and daughter Susan Isaac.

Rtn Adv Satheesh Chathankeri, RC Tiruvalla East

Rtn Adv Satheesh Chathankeri (51), Rotary Club of Tiruvalla East, passed away on 06.11.2024. The funeral was held at Residence, Chathankeri on 07.11.2024.

An affectionate and sincere Rotarian, always interacting with a sweet and captivating smile, Rtn Satheesh is survived by wife Renjusha and two daughters.



Rtn PP Prajaraj Damodaran, RC Kilimanoor



Rtn Prajaraj Damodaran (64), a Second Generation Rotarian and Past President of Rotary Club of Kilimanoor, passed away on 18.11.2024. The funeral was held at his Residence on 19.11.2024.

He was running a firm Thundil Financiers at Kilimanoor. His father late Rtn Damodaran was a Past President of R C Kilimanoor.

Rtn Prajaraj is survived by wife Anitha and daughter Neethuraj.



District Conference 2024-25

8th & 9th February 2025

Hotel Gokulam Park, Ernakulam

Rtn. AKSM Sudhi Jabbar District Governor Rtn. Major Donor Adv. PN Krishnakumar Organizing Committee Chairman



Registration Fee Rs 6000/-Rs 5500 (Without Conference Kit)



For Private Circulation only. Designed and Edited by Rtn. Sheela Devi B. Circulated by Rtn. Sudhi Jabbar, District Governor 2024-25, RI District 3211. Please send activity reports, project details, suggestions and other articles, along with good quality photographs, by e-mail to rid3211gml202425@gmail.com